Eva Shanga Report from 2nd year Residency Training March 2016

Dear sponsors at EDUF,

The support which you gave me this year was very important to me. It has enabled me to continue my studies towards becoming a specialist in Anaesthesia and Intensive Care. Your generous sponsorship has meant I can concentrate on my studies rather than worrying about how will I be able to pay for food, travel, school fees, bills and other costs for my family such as childcare when I am working late. Without your support, my studies would have been impossible.



I am now in the 3rd semester of my training. In this semester I have been learning about anaesthesia in the specialties of Paediatric Surgery, Ear, Nose & Throat, Ophthalmology, Dental, Maxillofacial, Burns and Urology. Mostly I have been in the operating theatres, taking care of patients and learning from my tutors. I have also started to prepare my dissertation proposal and am working towards the university exams.

It is really important for me that I complete my training. In my 3rd year I will learn about anaesthesia in emergencies, intensive care

and cardiac anaesthesia. It will be the time for data collection and analysis of my research dissertation. The final exam will be in August 2017.

I would like to request for your continued support because without your support I cannot imagine how I am going to finish my studies and where will I get our school fees. Also the family will be in a hard situation as I will not be able to take care of our daily needs. The cost for next year is 9,640,000/= Tshs according to the official MUHAS fee structure (see below).

Thank you! Best regards

Eva

A patient I remember

One day I was on call at Emergency Theatre, at the same time I was required to cover the Intensive Care Unit (ICU). I was called to the ICU and when I went there I found a 16 year old boy who had been admitted with breathing difficulties. His heart rate was too fast, his blood pressure was too high and he had oxygen saturation levels of only 50% - dangerously low. He needed help to breathe. The nurses on call were not familiar with intubation so they could not give me the expected assistance, but I tried it and at the first



attempt I passed the tube into the oesophagus (wrong place). The boy vomited and my assistant ran away from the vomitus! With the suction I managed to intubate him on my second attempt. I gave him oxygen and helped his breathing and after a short period of about 30-45min he was more stable. I kept treating him and he became fully conscious. The next morning the boy was off the ventilator. I was so happy that my training had helped me to save him that day!